

BIPOLAR DISORDER TREATMENT OVERVIEW

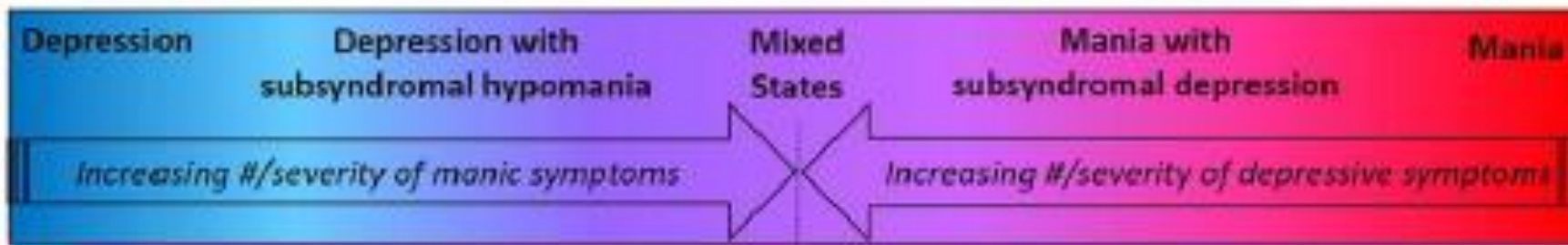
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Learning Objectives

1. Identify medications used in the acute management of a
 - a. Bipolar depressive episode
 - b. Bipolar manic episode
 - c. Mixed episode
2. Identify medications used as maintenance treatment to prevent the recurrence of a:
 - a. Bipolar depressive episode
 - b. Bipolar manic episode
3. Describe the risk associated with antidepressant use in patients with bipolar disorder and how this risk can be minimized.





Antidepressant

Unipolar depression
Adjunct bipolar depression

Antipsychotic

Bipolar depression[^]
Mixed episodes*
Mania

Mood Stabilizer

Mania
Mixed episodes[#]

[#]not all mood stabilizers effective for mixed episodes

[^]not all antipsychotics approved for BPD
^{*}most effective for mixed episodes

Figure 3. CNS Spectrums (2017), 22, 203–219



Goals of Therapy

| Acute Treatment | Maintenance Treatment |
|--|---|
| <ul style="list-style-type: none"><li data-bbox="402 472 1225 668">▪ Identify specific mood episode (depression, hypomania/mania, mixed)<li data-bbox="402 751 1225 946">▪ Select medication for rapid control of acute symptoms to minimize dysfunctionality<li data-bbox="402 1029 1225 1148">▪ Prevent switch in polarity due to medication | <ul style="list-style-type: none"><li data-bbox="1276 472 2117 668">▪ Continue medication successful as acute treatment (generally long-term)<li data-bbox="1276 751 2117 803">▪ Restore functionality and QOL<li data-bbox="1276 886 2117 1015">▪ Prevent/minimize future mood episodes (relapse, recurrence)<li data-bbox="1276 1098 2117 1226">▪ Adjustment may be necessary (cover predominant polarity) |

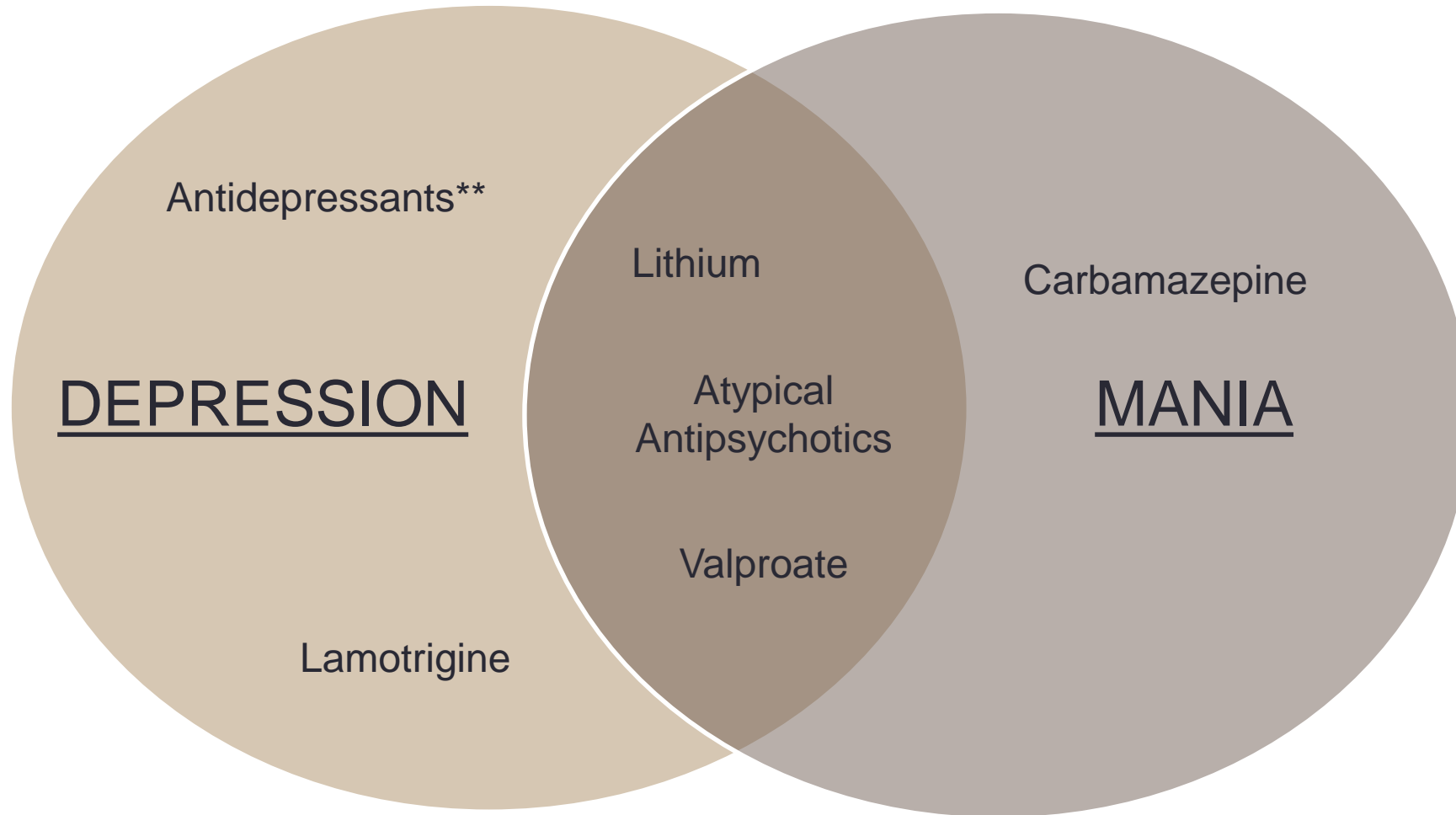


Acute Treatment

| Medication | Mania | Mixed Episode | Bipolar Depression |
|----------------------------|-------|---------------|--------------------|
| Aripiprazole | X | X | |
| Asenapine | X | X | |
| Cariprazine | X | X | X |
| Lurasidone | | | X |
| Olanzapine | X | X | |
| Olanzapine + fluoxetine | | | X |
| Quetiapine | X | X | X |
| Risperidone | X | X | |
| Ziprasidone | X | X | |
| Carbamazepine | X | X | |
| Valproate | X | X | X |
| Lamotrigine | | | X |
| Lithium | X | | X |



MAINTANENANCE THERAPY



**antidepressants should not be used as monotherapy in patients with bipolar disorder due to risk of switching to mania and promoting rapid cycling



Questions??

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